



2017

Heron Haven Wetland Sanctuary

402-493-4303

www.heronhaven.org

11809 Old Maple Road, Omaha, NE 68164

Second Saturday Programs

Programs are FREE and open to all. All programs include a hike. Trails are Handicapped Accessible but conditions can be uneven so hiking is at your own responsibility. All programs are 10-11:30 AM unless otherwise noted.

October 14 10 - 11:30 AM



Not so scary but amazing things are rotting and returning to the earth in our forests. Let's explore some native trees, inside a tree, a rotting log and mysterious mushrooms! How can you tell how old a tree is? Why do leaves change colors? Make bark and leaf rubbings and leaf people. At the end of our hike we will celebrate what dying leaves do for the forest by jumping into a pile of leaves to help create soil of the future! All families participating in a mini-workshop from 10 to 10:15 will receive 1 free copy of "The Nature Connection" by Clare Walker Leslie. If you have already recieved this book please bring it to use for the hike and activities.

November 11 10 - 11:30 AM

Second Saturday falls on Veteran's Day this year. We would like to honor our veterans by a silent walk followed by coffee, hot chocolate and cookies from 10-10:30. Members of Project Healing Waters (www.projecthealing-waters.org) will be on hand. Being in nature can improve our mental/emotional sense of well being and provide the benefit of physical exercise. At 10:30 - **November Rocks!** Explore Geology and the fascinating world of fossils and rocks. The first 18 kids can dig for a trilobite to take home. Bring your copy of "The Nature Connection" for featured information.



December Enjoy the Holidays!

Consider Giving a Gift to Wildlife by doing a family activity such as rolling pine cones in peanut butter or Crisco in birdseed. Hang with yarn in a place easily seen by your family. Watch the squirrels and birds enjoy it!



January 13 10 - 11:30 AM

Our lives are filled with stories. After a hike in the woods let's share some nature stories with hot chocolate. If your children have a favorite stuffed, animal bring it along to help make up a nature story with other provided puppets and props. All families participating in a mini-workshop from 10 - 10:15 will receive 1 free copy of "The Nature Connection" by Clare Walker Leslie. If you have already received this book, please bring it to use for the hike and activities.

Designed by Verla Shaner

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